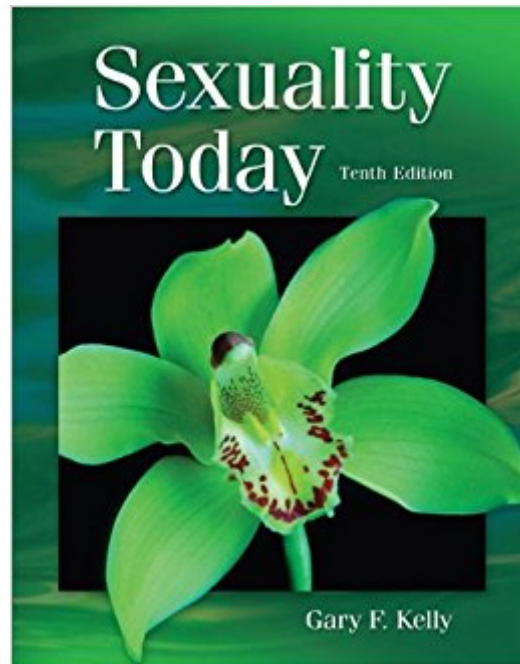


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# Sexuality Today



## Synopsis

Sexuality Today successfully balances psychological, biological, and social aspects of human sexuality, integrating the latest research findings and providing a variety of tools to help students engage personally with core concepts. The author's balanced approach is evident in his ability to present various sides of controversial topics in a neutral voice, supported by sound research yet expressed in a lively and applied manner.

## Book Information

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## Customer Reviews

Gary F. Kelly has been a sexuality educator for 35 years, publishing several popular books in the field. After a 30-year career as a Counselor and Vice President for Student Affairs at Clarkson University, and as Headmaster of The Clarkson School, he retired from administrative work to devote more time to writing, teaching, and counseling. He continues to teach the undergraduate courses in human sexuality and psychoactive substances in the Psychology Department at Clarkson University. Kelly was an innovator in developing graduate training in human sexuality for counselors, and taught graduate courses in the counseling and human development program at St. Lawrence University for over 20 years. He maintains a practice as a licensed mental health counselor. As a person who strongly believes that young people must have solid basic information about sex and their own sexuality to make rational and responsible decisions, Kelly presents here a balanced approach to the physical as well as the psychological and sociological aspects of human sexuality. His work with students received national recognition with his election to the board of

directors of the Sexuality Information and Education Council of the United States (SIECUS). Kelly served for 8 years as the editor of the Journal of Sex Education and Therapy, and presently serves as a member of the Editorial Board of the American Journal of Sexuality Education. He is a member of the American Association of Sexuality Educators, Counselors, and Therapists and of the Society for the Scientific Study of Human Sexuality. He is also a diplomate of the American Board of Sexology and a clinical fellow of the American Academy of Clinical Sexologists. He believes that his work with people in teaching, counseling, and therapy over the years has enlarged his personal and professional perspective on how people integrate their sexuality into their lives. The real people stories and real student voices in the book reflect that perspective. Gary F. Kelly is available as a consultant and speaker in the field of human sexuality and sexuality education. For further information, e-mail [gary.kelly@clarkson.edu](mailto:gary.kelly@clarkson.edu) or call (315) 265-2772. .

Sexuality Today is a textbook I just finished reading for my Psychology of Human Sexuality course. Its main strength is also its weakness: Most of the book focuses on biological, medical, and sociological aspects of human sexuality in addition to focusing on the psychological aspects. This is a strength of the book because it gives the Reader a clear sense for the full scope of what is known about human sexuality. But it is also a weakness of the book because a psychological book, I think, should be mainly focused on (1) correctly assessing and diagnosing what would constitute some rough-and-rocky idea of healthy human sexuality and certain kinds of sexual disorders, and (2) positively treating sexual disorders and encouraging people to express their healthy sexuality. This textbook does not follow this approach, for better or for worse.

This book was required for a graduate program. I was turned off by the simplification and the use of drawings and illustration where theory and discussion were expected. I literally, more than once, found my topic in the index only to flip to the page and see pictures where I was hoping for in depth consideration. That said, my first thought was that this might be a great book to use in high school or beginning college courses. It does a great job with a broad number of topics, it just isn't as useful for greater depth. If students aren't seeing this level of sexuality work until graduate school, there is something seriously missing at the undergrad level. Mike

Great textbook, I hardly ever used it in class because we didn't go by the book, but I definitely used it for reference material. If you're a psych major, this is a must have in your library, it talks about all kinds of things, not just sex obviously. It's pretty current with the times, hence "today" but even if it's

2025, I think it can still be applied. It can be a little graphic, so take caution when reading this in public - there are pictures and drawn graphics! We're all adults, but just proceed with care - you never know who's around or who's reading over your shoulder!

I have continued to use this book for my class this semester however this used rental has come apart through different parts of the book where several of the pages are not attached to the the spine.

It took a while to receive the package. I was suppose to buy this book new but to my surprise it was used and had bent edges all around because the way it was packaged was very wrong. Within a few days that I started using it the pages started falling out, by the end of the semester pages had fallen out and believe me I was as gentle as I could be with the book. I was expecting much more.

Purchased as required textbook for college course. It did the job and I passed the course! Thanks.

Book came and all the pages were intact but there is MAJOR highlighting through out the whole book. I looked through it and I decided to keep it because I didnt want to go through the process of returing and everything. The highlighting is very distracting and there are random phrases throughout the text taling about love and not making war... but this was my experiance. good luck.

As far as college textbooks go this one was well written. Not a bore to read and easy to find the info that you need. I liked the fact that this wasn't a hardback book. Much easier to carry round

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